

## "The Cares of Life And Its Promised Cure"

Text: Matthew 13:22; Luke 21:34; I Peter 5:7

### Introduction:

A. These three verses have one thing in common, that being they all mention the cares of life.

B. The bulk of the cares of life are of the material nature.

C. These verses as well as some others we shall notice shows the effect for evil and the effect for good that the cares of this world bring.

### I. The Evil Effect - Mt. 13:22; Luke 21:34

#### A. Phil 4:6

1. The carefulness here refers to "under anxiety" which can be very harmful. (Anxiety - means, pain, uneasiness of mind over an impending or anticipated ill)

2. Anxiety causes much evil.

- a. Divides the heart
- b. Distracts the mind
- c. Chokes the Word
- d. Leads to Distrust
- e. Destroys our peace
- f. And is inconsistent with our profession of Christianity.

3. Because we belong to Christ, the entire responsibility of our life is upon His shoulders.

a. This means that we should consider our homes, our property, our business and our all as His and trust Him to undertake and overrule in all things.

b. Because of his truthfulness, trustworthiness, and unchangeableness no promise of His can or will be broken or forfeited.

c. He has each one of us on His heart.

B. Therefore, to fret, worry, or yield to unbelieving anxiety injures our soul.

### II. We should Cast Our Care On Him - I Pe. 5:7

A. Problems and needs will come yet we are to seek the Lord and cast our cares on Him.

1. Read Job 5:8-9

2. With such an all-powerful Creator, whose wonders are displayed in the universe and who is also our living Heavenly Father, we should be content to leave our cares and cause to Him.

B. The marvels of His creation are only to be matched by His gracious care for those who rest in His will.

III. His promise To Relieve The Cares of the Christian.  
(Remember I Pe. 5:7 - "he careth for you")

A. Consider His care of things of lesser importance than His children - Mt. 6:25-34.

B. Read - Phil. 4:6

1. In this blessed invitation to approach the mercy seat with our request, there is the promise of relief.  
See Phil. 4:7.

2. We should be careful for nothing; this does not mean we should not plan and seek security in this life, but to go beyond this and be worrisome about it is sin. - See Rom. 14:23.

a. It is a sign of distrust when we allow ourselves to be shaken with uncertainties and ceaseless alarms.

b. For today and tomorrow we must trust God.

3. We should be prayerful for everything.

4. We should be thankful for anything and everything.  
See I Thess. 5:18.

a. Note the scope of this gratitude--anything.

b. Not only thankful for the pleasant things of life, but for the unpleasant experiences as well.

c. For trials as well as triumphs, for losses as well as gains.

d. Jesus set the example by being thankful for the bitter cup.

Conclusion:

A. If we shall have a fixed and constant faith in the promise "he careth for you" we can have deliverance from all fear and doubt and anxiety associated with the "cares of this world".

B. When we have a whole hearted acceptance of this promise, we can have a peaceful mind and heart in the midst of life's crisis and changes.

C. When we fail to appropriate the promises, we deprive ourselves of their solid comfort and give way to unbelief and forgetfulness of the Promiser Himself.

D. We must never forget that no matter what our lot in life we can overcome through Christ for "He careth for you."